

Pregnancy Help Ministry (PHM) Advocacy Opportunities

Pro-Life Day | January 15, 2026

Sign up [here](#) to join PHM for Pro-Life Day in Richmond on January 15, 2026, from 8:30–11:00 a.m.! The Virginia Society for Human Life (VSHL) organizes this powerful opportunity to meet with our senators and delegates as a group and defend the rights of the unborn in our state. If you can only attend one PHM event, please attend this one! It is vital to show the General Assembly how many Virginians oppose the radical abortion amendment they will be voting on in early 2026.

We will gather at the Richmond Convention Center (403 N 3rd St, Richmond, VA 23219) at 8:30 a.m. to organize into groups by voting district. Talking points and tips will be provided to make the meeting with our representatives easy and successful. And you won't be alone!

PHM will also be taking a 15-passenger van to Richmond, so anyone who wants to can ride with us for free. The van will depart from the church parking lot promptly at 6:30 a.m. (bagels and juice will be provided). Please seriously and prayerfully consider taking time off work/school to attend this event. Families are welcome and encouraged to come together! More information about Pro-Life Day can be found at vaprolifeday.org. Please reach out to Carolyn Vaseghi with any questions!